



## Workshop Title: Exploring the meaning of Acculturation

CODE: CA\_L4\_WA3\_W8

KEY COMPETENCE: Cultural Awareness and Expression

LEVEL 4

WORK AREA 3: Home versus host country culture

PARTNER: DIMITRA

Duration: 5 hours and 30 min



# ANNEXES

## Annex 8

### Annex 1

#### Assessment of acculturation - Questionnaire

Please circle one of the numbers to the right of each question to indicate your degree of agreement or disagreement.

Many of these questions will refer to your heritage culture, meaning the original culture of your family. It may be the culture of your birth, the culture in which you have been raised, or any culture in your family background. If there are several, pick the one that has influenced you most. If you do not feel that you have been influenced by any other culture, please name a culture that influenced previous generations of your family. Your heritage culture is.....:

1	I often participate in my heritage cultural traditions.	1	2	3	4	5	6	7	8	9
2	I often participate in mainstream host country's cultural traditions.	1	2	3	4	5	6	7	8	9
3	I would be willing to marry a person from my heritage culture.	1	2	3	4	5	6	7	8	9
4	I would be willing to marry a host country's person.	1	2	3	4	5	6	7	8	9
5	5. I enjoy social activities with people from the same heritage culture as myself.	1	2	3	4	5	6	7	8	9
6	6. I enjoy social activities with typical people from my host country.	1	2	3	4	5	6	7	8	9
7	I am comfortable interacting with people of the same heritage culture as myself	1	2	3	4	5	6	7	8	9
8	I am comfortable interacting with typical people from my host country.	1	2	3	4	5	6	7	8	9
9	I enjoy entertainment (e.g. movies, music) from my heritage culture).	1	2	3	4	5	6	7	8	9

10	I enjoy my host country's entertainment (e.g. movies, music).	1	2	3	4	5	6	7	8	9
11	I often behave in ways that are typical of my heritage culture.	1	2	3	4	5	6	7	8	9
12	I often behave in ways that are typically of my host country.	1	2	3	4	5	6	7	8	9
13	It is important for me to maintain or develop the practices of my heritage culture.	1	2	3	4	5	6	7	8	9
14	It is important for me to maintain or develop my host country's cultural practices.	1	2	3	4	5	6	7	8	9
15	I believe in the values of my heritage culture.	1	2	3	4	5	6	7	8	9
16	I believe in my host country's values.	1	2	3	4	5	6	7	8	9
17	I enjoy the jokes and humor of my heritage culture.	1	2	3	4	5	6	7	8	9
18	I enjoy my host country's jokes and humor.	1	2	3	4	5	6	7	8	9
19	I am interested in having friends from my heritage culture.	1	2	3	4	5	6	7	8	9
20	I am interested in having friends from my host country.	1	2	3	4	5	6	7	8	9

**Scoring:** The heritage subscore is the mean of the odd-numbered items, whereas the mainstream subscore is the mean of the even-numbered items.

*The Questionnaire has been developed based on the Vancouver's Index of Acculturation (VIA).*

*Citation: Ryder, A.G., Alden, L., & Paulhus, D.L. (2000). Is acculturation unidimensional or bidimensional?: A head-to-head comparison in the prediction of demographics, personality, self-identity, and adjustment. Journal of Personality and Social Psychology, 79, 49-65*